



**Tunnelling Association of Canada**  
**Association canadienne des tunnels**

# **Equity, Diversity, and Inclusion Moment**

Humility and Respect



# What are humility and respect?

**Humility:** having a modest view of one's own importance, humbleness

**Respect:** having due regard for the feelings, wishes, rights, or traditions of others

# Humility and respect in the workplace



Showing humility and respect for the cultural differences of those you work with increases feelings of belonging

# How to foster a culture of humility and respect

- Be curious and humble about learning cultural differences; no one is an expert!
- Respect and embrace other people's experiences and realities.
- Be open - don't get defensive throughout the process.



# Thank you!

The End